

Physical Education (PE) Course Exemption for AUSD High School Students

Any AUSD high school student in grades ten (10) through twelve (12) may request an exemption from the graduation requirement of a second year of physical education (Education Code 51241(b)(1)) for either a full year (two semesters) or for a half year (one semester). The requirements for an approval of such an exemption follow:

- Students must pass 5 out of 6 components of the Physical Fitness Test (PFT) taken during high school. PFT certification or documentation must accompany the PE exemption request.
- Students shall evidence successful participation in AUSD interscholastic sports. One (1) season of a sport fulfills this requirement for a half a year (or one semester) PE exemption; two (2) seasons of a sport fulfill this requirement for a one year (or two semesters) PE exemption. During the COVID pandemic (2020 -21), participation in each season of Sports Conditioning counts as 1 season of a sport.
- Students must obtain required signatures to document all requirements are met.
- Verification of participation in AUSD interscholastic sports must be completed by the school's Athletic Director (AD).
- Exemption requests from current 12th grade students must be submitted to school staff by the end of April. This includes any exemptions that may include spring sports still in progress.
- Note: Neither marching band nor pep team participation is considered to satisfy exemption requirements of interscholastic sport participation. JROTC participation already qualifies for an

*****exemption from PE*****

PHYSICAL EDUCATION EXEMPTION APPLICATION

Student _____ ID Number _____ Date _____
 (Print) Last Name First Name

Date of Birth _____ School _____ Number of Semesters Requested to be Waived _____

Check appropriate boxes in each section.

SECTION 1	Required
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I certify that the applicant has successfully passed five (5) out of (6) components of the Physical Fitness Test (PFT).

 Signature of Principal or Designee Date

Note: In case a student is unable to evidence completion of the Physical Fitness Test (PFT) because of inability to take the test, the school's principal/designee may arrange for alternative means to demonstrate satisfactory completion of the PFT's tested fitness criteria.

SECTION 2 AUSD Interscholastic Sports

Required

AUSD Interscholastic Sport	Dates of Participation	Name of Coach

- The applicant has successfully participated in **one (1)** season of AUSD interscholastic sports (or sports conditioning in 2020-21) which is required for exemption from one semester or one half year of AUSD PE.

 Signature(s) of Athletic Director (AD) Date

OR

- The applicant has successfully participated in **two (2)** seasons of AUSD interscholastic sports (or sports conditioning in 2020-21) which is required for exemption from two semesters or one full year of AUSD PE.

 Signature(s) of Athletic Director (AD) Date

Rosters for all interscholastic athletic teams will be maintained on file by the Athletic Director(s) from Alameda High School and Encinal High School as verification of individual student participation.

Student Signature _____ Date _____

Parent/Guardian Signature(s) _____ Date _____

Principal/Designee Signature _____ Date _____